

MONROE'S

new mexican food

LOW-CARB AND GLUTEN-FREE ALTERNATIVES

Net Carbs = Total Carb grams minus Fiber grams

- 1) **Hamburger Steak (8oz.)** topped with grilled onions, green chile and cheddar. Served with calabacitas and a salad. [6.4 net carbs] \$18.95 
- 2) **NY Strip Steak (8oz.)** topped with onions, green chile and cheddar. Served with calabacitas and a salad. [6.4 net carbs] \$29.95 
- 3) **Two Hamburger Patties** with double cheese, green chile, bacon, sour cream and guacamole. [3.1 net carbs] \$13.95 
- 4) **Two Eggs** covered in green chile and cheese along side ham, sausage and bacon. [5.8 net carbs] \$13.95 
- 5) **Chicken Breast Strips** grilled with onions and bell peppers then laid atop a salad. Complete with cheddar, guacamole, salsa and sour cream. [5.5 net carbs] \$14.95 
- 6) **Chicken Breast (7 oz.)** grilled and topped with green chile and cheddar. Served with sour cream and calabacitas. [5.1 net carbs] \$14.95 
- 7) **Pork Chops** two grilled then topped with green chile and cheese and served with calabacitas. Accompanied by a dinner salad. [5.6 net carbs] \$18.95 
- 8) **Carne Adovada (6 oz.)** topped with cheddar cheese. Accompanied by sour cream and calabacitas [6.1 net carbs] \$14.95 
- 9) **Low-Carb Club** with turkey, ham, bacon and diced green chile topped with cheddar and avocado. Served on romaine with calabacitas [5.2 net carbs] \$14.95 
- 10) **Mexican Pizza** with red chile, beef or chicken, cheddar, mozzarella, green chile and Parmesan all on a low-carb tortilla. [6.2 net carbs] \$10.95
- 11) **Carne Adovada Burrito** topped with chile and cheese rolled inside a low-carb tortilla. Served with calabacitas. [8.8 net carbs] \$15.95
- 12) **Fajita Burrito** beef or chicken fajitas made with a low-carb tortilla smothered with chile and cheddar cheese. Served with calabacitas. [9.6 net carbs] \$17.95
- 13) **Fajitas** with all the fixings, and 2 low-carb tortillas to eat with. [20.3 net carbs] \$18.95

Delivery available at Monroeschile.com

DOWNTOWN • 4th and Mountain • 1025 4th St. NW • 242-1111
HEIGHTS • 3 Blocks east of San Mateo • 6051 Osuna NE • 881-4224